



**Healthy as a horse**  
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# The Fort Huachuca Scout



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## Scout reports

e-mail:  
thescout@huachuca-emh1.army.mil  
website:  
huachuca-www.army.mil/USAG/PAO

### Last Scout of year

Today's *Fort Huachuca Scout* is the last newspaper for the year 2000. There will be no papers printed on Dec. 28 or Jan. 4, 2001. Normal printing will resume on Jan. 11, 2001. The deadline for the Jan. 11, 2001 issue is noon, Jan. 5, 2001.

### Tax volunteers needed

The Office of the Staff Judge Advocate is seeking volunteers to help provide income tax filing services for this year's tax filing program. The IRS will be conducting training at Fort Huachuca Jan. 8-12, 2000 which will include all of the changes from the previous year.

The training and tax filing program services include electronic and mail-in-form income tax return filings. Training will be conducted for both.

To volunteer, call Capt. Kinsley or Ms. Edwards at 533-2009.

### RWBAHC blood drive

The Raymond W. Bliss Army Health Center will sponsor a blood drive, Friday from 10 a.m. to 4 p.m. at the health center.

Make an appointment to help save lives by calling Michael Shedlock at 533-5163. T-shirts will be available at the drive, so come out and given an early holiday present to someone in need.

### Commissary closed

The Fort Huachuca Commissary will be closed on Tuesday in observance of Christmas holiday.

### Newspaper goes metro

The *Fort Huachuca Scout* will begin the year 2001 with a metro-sized newspaper format on Jan. 5 instead of the current tabloid-sized format.

## MPs assist in capture of 'golf course driver'

By Stan Williamson  
Scout Staff

Military Police joined with law enforcement officers from Sierra Vistas and the Cochise County Sheriff's department Friday, in capturing a suspected 19-year-old car thief.

Jason Stram, 19, of Sierra Vista, is in the Cochise County jail charged with felony flight and is being investigated on charges of theft of gasoline and grand larceny-auto.

The military police joined in the pursuit of Stram as he tried to evade police while driving a Pace Arrow motor home that had been reported stolen the day before.

The suspect had crashed through the fort's perimeter fence after leading local police on a 50 mph pursuit through the Country Club Estates between Highway 92 and Buffalo Soldier Trail, then through portions of the Winter Haven subdivision and down Cherokee Drive, before turning towards Fort Huachuca and the perimeter fence.

At one point during the chase, the suspect drove across parts of the Pueblo del Sol Golf Course, surprising many duffers out for a round of 18-holes. According to Pat Kelly, general manager of the golf course, one golf cart was almost hit, and the RV did minor damage one of the course's greens.



Photos by Maj. Daniel T. Williams

**Cochise County Sheriff's Deputies and Fort Huachuca Military Police survey the scene.**

Stram's vehicle was forced to stop when it entered a dry streambed south of the Aerostat site.

The suspect attempted to flee on foot, while three passengers in the RV, dismounted from the vehicle with their hands in the air. They were an adult man and woman and a 16-year old girl.

No charges have been filed against the other three people, but Sierra Vista police spokesman Randy Kirkman said the investigation is continuing.



**Staff Sgt. Mark Nieto, Military Police kennelmaster, searches the vehicle with working dog, Dick.**

## Fort recycles Christmas trees

ENRD release

It's that time of the year again — mistletoe, holly and Christmas trees.

Now the mistletoe and holly will be easy to get rid of after the 25th, but that tree is a little more difficult to deal with. The Forestry Section on Fort Huachuca wants to help you recycle your tree.

All you have to do is drop it off at one of the eleven convenient locations around post. The trees will be then be converted into useful mulch instead of taking up critical space at the landfill.

Look for the Christmas tree signs at the following locations: along Burt Road near the Huachuca creek crossing; the parking lot by the Grierson swimming pool; on Arizona just south of the Runion Dental Clinic; at the intersection of Jeffords and Irwin; along Craig at Faison; at the intersection of Railroad Avenue and Mott Circle; at the intersection of Lawton and Meyer; near the reservoir behind the Commissary; at the intersection of Meyer and Rucker; across from the Child Development Center on Smith; and at the intersection of Irwin and Bernard Court.

Off-post residents are invited to drop off their trees at one of the tree collection points. No trees will be accepted after Jan. 31, 2001.

## Flu shots available once again

By Tanja M. Linton  
Media Relations Officer

Raymond W. Bliss Army Health Center has received the remaining influenza immunizations for the season.

Community health nurses report that it is not too late to receive the immunization and still receive some immunity.

All active duty service members will be given the flu shot Jan. 5, between 9 a.m. and 2 p.m. at Murr Community Center on post. This is a mandatory immunization for all service members.

All remaining health care beneficiaries of the Raymond W. Bliss Army Health Center, age 18 and over, can receive their flu shots at Murr Community Center Jan. 8, between 9 a.m. and noon, followed by Department of the Army civilians from 1 to 3 p.m. until supply is depleted. An ID card is mandatory. No prescription is required.

For the latest information on flu shots call the health center's hot line at (520) 553-5127.

# Many soldiers meet ‘risky driver’ criteria

## Promote 3D prevention, don’t drive impaired

**Ken Bowles**  
**EDCO, ASAP Office**  
Annually Fort Huachuca joins the rest of the nation in recognizing December as National Drunk and Drugged Driving (3D) Prevention Month.

December was selected for this campaign because national statistics show that impaired driving is at its peak in December.

This campaign has special significance for the Armed Forces because a large proportion of the military represent the population identified in the National Highway Traffic Safety Administration statistics as most at risk for impaired driving crashes, young adult male drivers, ages 21-34.

Fort Huachuca has had its share of citations issued for drunk driving. This is in large part due to the Military Police and local police authorities, who have been alert to watch for drunk drivers. Their aggressive actions have dramatically reduced the number of serious injuries and death in alcohol related crashes.

Eighty percent of those cited for driving under the influence this year, fall within

the high risk age. Ten percent of the others were below age 21, and the remaining 10 percent above the age of 34.

Over the years the 3D campaign slogans reminded everyone that “Friends Don’t Let Friends Drive Drunk;” and “You Drink, You Drive, You Lose;” and the latest one, “Take a Stand Against Impaired Driving.”

These slogans have been picked up and often repeated by personnel at this installation. While there is often a tendency to dismiss campaigns as wasted time and effort, campaigns do work but they involve years of unrelenting effort to finally make a difference.

It has taken the combined efforts of Mothers Against Drunk Drivers and a growing public intolerance of drunk and impaired driving to compel the police and the courts to take more drastic action against the offenders. The nation has had to overcome a total indifference to drunk driving and the carnage drunk drivers caused.

In 1972, my mother was killed by a drunk driver, who had seven previous convictions for drunk driving, and was driving on a suspended license. He was not pun-

ished for the death of my mother. He had to kill someone else in another drunken crash before he finally went to prison.

In 1980, 25,000 people died in alcohol related crashes. It took 12 years to reduce the number of fatalities by 7,300 to 17,700 in 1992. But, it has taken another seven years of concerted effort to reduce that number by another 1,000 deaths in 1999.

Unless we all become intolerant of drunk driving, and more aggressive in opposing these senseless drunk driving deaths, it will take another seven years to reduce the fatalities by another 1000 people. Some may argue that the reduction in fatalities is already significant, but even one is too much if it is someone close to you.

The most recent NHTSA slogan introduces a new dimension to prevention, “Take a Stand Against Impaired Driving.” Impairment comes from the consumption of alcohol and the use of drugs, of course.

But an impaired stage can also result from fatigue, from eagerness to drive a long way to get home for the holidays, or aggressive driving coming from stress or anger. Whether from drugs, alcohol, or these other factors, impaired driving still takes its toll in deaths and crippling injuries.

Commanders have a compelling need to require their Unit Prevention Leaders to work toward implementing regular drunk driving prevention education programs and classes.

Units can institute a system of designated driver, or telephone numbers soldiers can call. Company initiatives can include incentives for units who achieve certain periods of time without an alcohol drug or other driving incident.

Since regular heavy drinkers are unlikely to respond to preventive education, smart commanders can require that all their supervisors be trained to recognize problem behavior, and to help those problem soldiers seek help.

Commanders can then expect that their subordinate supervisors will immediately take action when they see a soldier with a problem.

Unit Prevention Leaders can immediately schedule Supervisor Workshops, or get help in scheduling classes or developing meaningful prevention education programs by calling Ken Bowles at 538-1315, or visiting the ASAP office in Building 22414.

Remember, it is never too soon to begin your prevention efforts.

## Holiday Messages

## TRADOC, fort, unit leaders wish troops happy holidays

**By Gen. John N. Abrams**  
**Commanding General, TRADOC**

I want to take this opportunity as we begin the holiday season to wish the entire U.S. Army Training and Doctrine Command family the best for the new year.

Over the past year Ceil and I have enjoyed the camaraderie of all of you assigned to the TRADOC team. During these times of holiday celebration, please remember why we so diligently serve — to preserve the freedom of this great country.

I ask you to keep in your thoughts and prayers all the service men and women serving away from home at this time of year. Caring for our soldiers and their families is our greatest mandate.

Thank you for everything that you have done for your country and for the Army. Ceil and I pray for your happiness and safety throughout the holidays and the new year.

God bless you and God bless the United States of America.

**By Maj. Gen. John D. Thomas Jr.**  
**Commanding General, USAIC&FH**

Today, our soldiers, sailors, airmen and Marines in training here will depart for the holiday season. As well, we will see many other military and civilians taking off for a well deserved break.

Many of you will be headed for home. This will put thousands of our fighting forces on the nation’s highways, railways and airways at the same time as many others who will be returning to their homes for this festive season.

Accidents will happen, people will be hurt and some people will die during the next 14 days. I hope and pray this does not happen to you.

Here are some reminders to avoid becoming an accident victim. You already know these, but I feel compelled to say them again.

See Holiday, Page 8

**By Lt. Col. Tommy Kelley**  
**Commander, 309th MI Bn.**

I would like to take this opportunity to wish all the 309th Military Intelligence Battalion personnel and their families the very merriest of holiday seasons, and a safe, happy and prosperous 2001. I want to thank each and everyone of you for making the last six months so positive, so productive, and most of all, so professionally rewarding. I admire and respect the hard jobs all of you have working in an IET environment.

— For the instructors: my thanks to the long and demanding hours spent daily teaching these fine Americans to be MI professionals. Your dedication and your values based commitment are extraordinary.

— For the drill sergeants: my thanks for the long, hard hours of training, leading, and taking care of the soldiers day in and day out. Your rock-steady performance is over

See 309th MI, Page 8

## The Fort Huachuca Scout®

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# Kudos Korner

## Marines help Widowed Support Center

Members of the Widowed Support Center on Fort Huachuca knew the inside of their building was badly in need of paint. The question was — how could it be done? Most members were unable to do the job.

The answer — call in the Marines. This proved to be a very fortunate answer for the Center and members. Eleven Marines of the Marine Detachment at Fort Huachuca volunteered to do the job. They not only did the job, they did it willing, efficiently, neatly and in record time.

The members then took advantage of the young men when they were through painting by requesting assistance with moving heavy boxes. This was also done with willing hands. Marine Commandant Maj. Sean Stewart may well be proud of his men.

Those assisting included: Lance Cpl. Jeffrey Barton, Lance Cpl. Casey Todd, Lance Cpl. Roger Freshour, Lance Cpl. Alejandro Del Rio and Lance Cpl. Tomothy Carter.

Also Lance Cpl. James Carver, Lance Cpl. Marvin Evans, Lance Cpl. William Kimble, Pfc. Kelby Cuyuch, Pfc. Derek McMahan and Pfc. John Freiheit.

Thank you, Marines.

*Odette Coffey*  
*President, Widowed Support Center*

# Former commander discusses changing Army

*By Capt. Dennis Holtery*  
*Special to The Scout*

A former U.S. Army Intelligence Center and Fort Huachuca commander returned to post to speak about the Army's current transformation.

Retired Lt. Gen. Paul E. Menoher was the guest speaker during the monthly Military Affairs Committee luncheon held at the LakeSide Activity Centre on Dec. 6. While discussing with the group at large the purpose and benefits of the Association of the United States Army, Menoher talked briefly about the Army's current transformation.

Menoher began by discussing the changing geostrategic environment that the U.S. Army currently faces. During the almost forty years between 1950 and 1989 the Army was deployed as a force 10 times, with an average of 18 active Army divisions in its "inventory." Since the end of the Cold War in 1989, the U.S Army has been deployed over 35 times while only averaging 10 divisions.

Menoher referred to the oft-quoted adage of "doing more with less." Because of this changing dynamic, and a world vastly different than that of Cold War days, the Army has begun its transformation to meet the new and various challenges of the world, he said.

The Army is developing a force that is able to "deploy quickly, that's survivable, lethal and has the staying power on the battlefield," Menoher said.

"Today's land forces need to be dominant in the full spectrum of military operations. No longer can the Army look at only the conventional," he said. "The military must be able to contend with a full spectrum of operations ranging from disaster relief, peace enforcement, to strategic nuclear war.



Photo by Capt. Dennis Holtery

**Former post commander, retired Lt. Gen. Paul E. Menoher addresses the Military Affairs Committee about the Army's current transformation.**

Today's Army needs to be persuasive in peace and invincible in war."

According to Menoher, today's light forces need increased lethality, mobility and survivability. While, the heavy forces need to be more responsive with a reduced logistical footprint.

Therefore, in order to dominate the full spectrum of military operations the move for transformation is under way, it has started in Fort Lewis, Wash. with the inception of the Interim-Brigade. By the year 2015 to Army will have totally revamped its structure and organization allowing it to deploy a combat capable brigade anywhere in the world in 96 hours; a division in 120 hours; and five divisions in 30 days.

With the changing role of the military and its startling transformation taking place, Menoher ended by saying, "Everyone needs to be an ambassador for the U.S. Army."



Photo by Pfc. Alicia Maskarine

**The road in upper Garden Canyon is closed to all vehicular traffic until repairs can be completed. The area remains open to foot, bicycle and horse traffic.**

## Upper Garden Canyon closed to traffic

*By Tanja M. Linton*  
*Media Relations Officer*

Post officials closed the road in upper Garden Canyon to all traffic last week because it is impassable for most vehicles. The road will remain closed until repairs can be completed.

The Installation Safety Office performed a safety inspection of the upper Garden Canyon road. The road failed the inspection because of extensive damage due to heavy rains this year.

A preliminary estimate was provided for repairs, but environmental and cul-

tural resources must be reviewed before any work can begin.

Once this review is completed, the post will provide an estimate to the Training and Doctrine Command and request storm damage funding.

This could take several months to accomplish and will require that the road be closed to vehicles until repairs can be made. In the meantime, the area remains open to foot, bicycle and horse traffic.

An announcement will be made once the road is open to traffic.

# Use right cleaner for car wash

## ENRD release

What kind of cleaner should I wash my government vehicle with at an on-post vehicle wash rack?

All of Fort Huachuca's vehicle wash racks are equipped with oil/water separators. The inside of a separator can be a complicated array of chambers and baffle plates, but what it does is remove oil and other floating liquids from the wash water. If the oil is emulsified, it won't separate out and will pass through the separator.

Wash your government commercial and military vehicles with non-emulsifying cleaners. If you happen to wash something that isn't a vehicle in a wash rack, again use a non-emulsifying cleaner. They will be labeled "non-emulsifying", or "oil/

water separator compatible."

If you shop GSA Advantage on-line, you can search for these key words. What could be simpler?

What about the cleaners that advertise themselves as "environmentally friendly?"

These cleaners are fine for other jobs. They do not harm the environment, or interfere with the operation of the sewage treatment plant.

They can cause oil to pass through the separator, and it's the oil that interferes with the operation of the sewage treatment plant. Also, once the oil gets into the sewer system, it has to be treated as sewage. When collected in a separator, it can be recycled.

For more information, contact Tom Webb at 533-1555 or [tom.webb@hua.army.mil](mailto:tom.webb@hua.army.mil).

## Pizza plus

**Daisy Girl Scout Troop #961 of Fort Huachuca recently toured Pizza Hut. The tour included making personal size pizzas. At right, Courtney Frasier places her pizza on the conveyor to cook. For information about fort Girl Scouts, call Andrea Wagener at 458-2652.**



Courtesy photo

# ADL gives fort ‘extreme’ training

By Sgt. 1st Class Suzanne Harvey  
Military EO

The Anti-Defamation League teamed up with the U.S. Army for the first time to present Fort Huachuca’s senior leaders and Equal Opportunity personnel with extremist group training.

The ADL presented 16 hours of training for 75 of the post’s senior leaders and Equal Opportunity personnel in November.

In an effort to learn more and provide better, more timely, accurate information to the leaders the EO Office advises, the office recently embarked on a quest for information on extremist group activity in the United States and in Arizona.

The education process began with the two major organizations which serve as the predominate sources of information on hate groups — the Anti-Defamation League and the Southern Poverty Law Center.

Although the%SDL is very active in educating civilians, law enforcement personnel and educators, this is the first time that they have provided training to U.S. Army personnel.

The ADL has a structure which finds regional offices throughout the United States. Last April, Master Sgt. Clarence Hurley and Sgt. 1st Class Suzanne Harvey traveled to one a regional office in Phoenix to meet with Sue Stengel, ADL Western States Civil Rights Council, and Morris Casuto, ADL San Diego Regional Director. As

Hurley and Harvey discussed the possibilities of training with this agency it became apparent it could offer far more than just EOA professional development training.

Hate can rear its ugly head at any time and at any place. It is important uëat soldiers, leaders and equal opportunity personnel remain on guard against the threat that hate groups can pose for the military, even when that threat appears to be far removed from their particular environment.

Leaders and equal opportunity advisors must maintain their readiness to deal with and prevent the effects that hate groups can have on their units and their soldiers.

Equal Opportunity Advisors at Fort Huachuca, and throughout the Army, are responsible for ensuring that both leaders and soldiers are aware of the dangers and devastating effects of hate and discrimination. One of the most important aspects of awareness and readiness is knowledge.

The EO Office learned that the ADL had been involved with the Department of Defense and the Department of the Army for several years discussing not only the ADL’s concern that extremist groups were targeting soldiers as recruits but also to provide education to the Department of Defense regarding the methodology and tactics employed by extremist groups throughout the United States.

See Training, Page 10

# Extremist organizations do not belong in Army

By Lt. Col. Kevin Luster  
Deputy Staff Judge Advocate

Extremist organizations and activities do not belong in the Army. They interfere with unit cohesion, good order and discipline, and the Army’s ability to accomplish its mission. Extremist organizations and values are inconsistent with the Army’s equal opportunity policy, Army Values, and the Soldier’s Code.

Even so, don’t soldiers have the right to believe what they want to believe? What happens when those beliefs conflict with Army policies and values?

Many of the civil rights we enjoy as American citizens come from the Bill of Rights: the first ten amendments to the United States Constitution, ratified effective December 15, 1791. The First Amendment states:

“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”

When citizens enter the military, they do not surrender their civil rights. However, all three branches of the government recognize the need to view civil rights within the military in light of the awesome responsibility of the military to safeguard the security of the United States.

In October 1996, the Deputy Secretary of Defense issued Department of Defense (DoD) Directive Number 1325.6, “Guidelines for Handling Dissident and Protest Activities Among Members of the Armed Forces,” to describe how the military will accomplish its mission while respecting service members’ civil rights.

The Directive states: “Service members’ right of expression should be preserved to the maximum extent possible, consistent with good order and discipline and the national security.”

In July 1999, the Army published its latest version of Army Command Policy, embodied in Army Regulation 600-20, which implements much of the DoD Directive. The Regulation supports the rights of soldiers

to observe their religious beliefs. The Army will accommodate soldiers’ religious practices that do not adversely impact unit readiness, cohesion, morale, discipline, safety, or health.

The Regulation also recognizes the political rights of soldiers to vote, stay informed, express their personal opinions, contribute money to political organizations, and to attend political meetings and rallies while not on duty or in military uniform. However, soldiers may not speak before partisan political gatherings, march in partisan political parades, participate in radio or television shows on behalf of political candidates or parties, or use their official positions to solicit votes or contributions.

Additionally, Article 88 of the Uniform Code of Military Justice prohibits soldiers from using contemptuous words against the President, Vice President, Congress, or other specific officials. Finally, nobody, whether on active duty or not, may wear Army uniforms while participating in political events.

Of course, neither the DoD Directive nor the Army Regulation can tell soldiers which political views to believe in. However, they both state that participation in extremist organizations and activities is inconsistent with the responsibilities of military service.

Army Regulation 600-20 defines extremist organizations and activities as “ones that advocate racial, gender or ethnic hatred or intolerance; advocate, create, or engage in illegal discrimination based on race, color, gender, religion, or national origin or advocate the use of or use force or violence or unlawful means to deprive individuals of their rights under the United States Constitution or the laws of the United States, or any State, by unlawful means.”

The regulation prohibits soldiers from actively participating in extremist organizations and activities, and soldiers who violate these prohibitions are subject to prosecution under the UCMJ.

Soldiers may not participate in public demonstra-

See Extreme, Page 10

# Hate on display

Neo-Nazis, racist skinheads, white supremacists and others in the hate movement use symbols like swastikas, “SS” thunderbots, runes and group logos to intimidate individuals and communities.

Hate symbols are more than just “signs” demonstrating racist, anti-Semitic and anti-Christian attitudes and beliefs — these symbols are meant to instill a sense of fear and insecurity.

One finds hate symbols on the outside walls of synagogues, churches and schools; depicted on fliers and literature distributed in communities; tattooed on the bodies of white supremacists, or proudly displayed as jewelry or on clothing.

These symbols give haters a sense of power and belonging, and a quick way of identifying with others who share their ideology. They offer a visual vocabulary that is used by a variety of extremists including the Ku Klux Klan, the neo-Nazi National Alliance and such Identity groups as Aryan Nations and the Posse Comitatus.

## General racist symbols

A wide spectrum of racist groups, for neo-Nazis to the Klan to white power-oriented skinheads, uses these symbols interchangeably.. Most represent some aspect of what they consider “Aryan” culture or “white pride.”



Aryan fist

## Neo-Nazi symbols

The groups that use neo-Nazi symbols generally idolize Adolf Hitler and idealize the National Socialist ideology he and his party promoted and acted on in Germany in the 1930s and 1940s.



SS bolts

## Skinhead symbols

Both racist and non-racist skinheads use specific symbols to identify themselves with their own subculture, and to help them feel that they are part of a self-recognized community.



“Skin” fist

## White power music

“White power” music is the focal point for many racist skinheads seeking a common culture. These bands create their own logos and proudly display them on CDs that glorify violence against minorities, in particular Jews.

## Group symbols

Many extremist organizations spreading their racist and anti-Semitic hate-filled propaganda want to distinguish their individual group from others with a similar ideology.



Posse Comitatus

## Prison tattoos

Although many people entering the prison population are affiliated with the hate movement before their incarceration, prisoners from different ethnic backgrounds often join racist groups once inside the penal system. These inmates’ tattoos offer important information about gang affiliation, personal history and criminal activity.



Elbow web

## Number symbols and acronyms

These popular sysmbols and acronyms are shorthand for racist and anti-Semitic ideas. The symbols offer quick and easy reference points for extremists who want their ideas known by using a few numbers or letters.

## Occult symbols

Symbols associated with the occult sometimes overlap with symbols used in the hate movement and are also used to express anti-Christian beliefs.



Inverted pentagram

# Community Updates

### Free MARSGRAM service

The MARS Station is providing free MARSGRAM service for military member to anywhere in the United States and overseas military locations. All that is required is a proper address of recipient, phone number is a plus.

The MARS Station is a 24-hour, 7-day-a-week, 365-days-a-year operation. To send your MARSGRAM, visit Building 90551 at the end of Jim Avenue or call 533-7072.

### Fort television special

Be sure to tune into the Commander’s Access Channel (Channel 97) to see Fort Huachuca’s own Sgt. 1st Class Daniel Green in the Arnold Shapiro production of “How the Army Changed My Life.”

This “sneak preview” airs daily at 9 a.m. and 2 p.m.; and is scheduled to be televised nationally early next year.

### EEO seeks special managers

The Equal Employment Opportunity Special Emphasis Program Committee is looking for energetic and dynamic volunteers to assist in the management of two important collateral positions, in the Asian-Pacific and Native American/Alaskan Native Program.

Monthly requirement would be attendance at SEPC meetings held every second Tuesday, at 2:30 p.m. at the EEO Office Conference Room. This would be an excellent opportunity to interface w/ employees in a very diverse workplace.

To volunteer, call Joan Street, EEO SEP Manager, at 538-0276 or e-mail [streetj@huachuca-emh1.army.mil](mailto:streetj@huachuca-emh1.army.mil).

### Pharmacy holiday hours

The Post Exchange pharmacy will be closed through Jan. 2, 2001.

All refills called in during this time must be picked up at the main pharmacy in Raymond W. Bliss Army Health Center. The main pharmacy will be closed Monday and Jan. 1, 2001; and open 9 a.m.-4 p.m. Tuesday and Jan. 2, 2001.

Both pharmacies will resume normal hours Jan. 3, 2001. For information, call Sgt. Jose Castillo at 533-2520.

### Pregnancy PT break

The Pregnancy PT program for soldiers (PT including education classes) will not be conducted through Jan. 2, 2001. PT will resume on Jan. 3, 2001.

### County phone books

The Cochise County Telephone Directories have arrived. All on-post organization designees may pick up their copies at the Property Warehouse, Building 90312.

Only one designee per organization will be authorized to pick up the directories, this will curtail personnel accessing to the warehouse.

Requests must be submitted by e-mail to [michauds@hua.army.mil](mailto:michauds@hua.army.mil). Requests will

include organization, designees name, rank and telephone number.

Recycle old directories. They can be dropped off at the Commissary for recycling.

### Range closures

Today	AL, AW,
Friday-Tuesday	No Closures
Wednesday	T1, T1A, T2
Dec. 28	AL, AW
Dec. 29	AM
Dec. 30-Jan. 3	No Closures
Jan. 4	AF, AL, AW
Jan. 5	AL, T1, T1A, T2
Jan. 6	AG, AL, AW, T1, T1A, T2
Jan. 7	AG, AL, AW, T1, T1A, T2

For questions regarding the closure of ranges please call Range Control at 533-7095.

### TSM UAV/ACS closed

The TSM UAV/ACS will be closed 11:30 a.m.-4:30 p.m. today for its annual holiday party.

### EPG closed

The Electronic Proving Ground will be closed today for its holiday party.

### Huachuca on Harold

Tune in to Fort Huachuca’s organizations, missions and personalities by setting your dial to KTAN 1420 AM. The “Morning Harold” sets aside one half hour for an in-depth look at what’s happening on post just after 7 a.m. on scheduled Fridays every month.

Upcoming program includes Angela Moncur, editor of The Scout newspaper, Friday.

To showcase your organization’s missions, accomplishments or events on the “Morning Harold,” contact Pat Dillingham at 533-1850 or [dillinghamp@hua.army.mil](mailto:dillinghamp@hua.army.mil).

### TSM closed

The TSM Joint STARS Office will be closed 11:30 a.m.-4:30 p.m., Friday for its annual holiday party.

### TAP closed for holidays

The Turn Around Point, located in Building 52406, will be closed Friday-Jan. 8, 2001. Normal operating hours from 9 a.m. to 1 p.m., Tuesdays and Thursdays, will resume on Jan. 9, 2001. The TAP is in need of donations of boys clothing in all sizes, winter coats, blankets, cookware and utensils.

The TAP is available to all military personnel and their spouses, active duty or retired, and civilian employees. Individuals must have a military ID card or a DA Civilian Employee ID Card in their possession to gain entry to the TAP.

Patrons are allowed one visit per month to the TAP. Items such as clothing, household items, (sheets, blankets, some furniture, pots and pans, tableware, utensils, etc.) are provided free by the TAP.

For information, or to make a donation

of items to the TAP, contact either Hattie Barnett, 458-6360; Linda Kerchief, 452-8305; or Jeanne Williamson, 378-0927.

### DOIM classes set

The Directorate of Information Management is sponsoring the following computer courses for the month of December: Excel Basic+, Wednesday; and Excel Intermediate, Dec. 28. (+This class is a prerequisite.)

These courses are free and are offered to all active duty/reserve military personnel and their spouses, civilians and contractors employed on Fort Huachuca.

For more information, call the DOIM Training Center at 533-2868.

### Legal Assistance closed

On Dec. 28 and Jan. 4 the Legal Assistance Office will not provide student/instructor walk-in hours. Additionally, due to training holidays, the Legal Assistance Office will not be open on Tuesday and Jan. 2, 2001.

Any students or instructors needing immediate assistance during this time period may submit an emergency request for Legal Assistance in person at the Legal Assistance Office. Any emergency requests will be evaluated on a case-by-case basis.

Click on the OSJA homepage at <http://huachuca-www.army.mil/usag/sja/clientservices.htm> which now provides a wide variety of legal guidance, self-help issues and information papers.

### Greyhound holiday cheer

The Greyhound Adoption League of Sierra Vista will host a Greyhound Adoption Day on Dec. 30 for Sierra Vista and the surrounding area. The adoption day will be 10 a.m. to 2 p.m. and will be held at Bookman’s Bookstore, 100 West Fry Blvd.

The program is also in need of temporary homes for these beautiful dogs.

For more information, call Dave Breen at 378-1763.

### Youth basketball program

Parks and Leisure Services will be conducting their 2001 Youth Basketball Program for boys and girls ages 5-18 years of age, starting Jan. 16, 2001.

All divisions will be coed and the cost of registration is \$50. Registration runs through Jan. 2, 2001. A birth certificate and physical exam are required when registering.

This program is also looking for volunteer coaches who would like to stop jump stops, teach left-handed lay-ups, and pass on their skills and abilities to our community youth. For more information, call 458-7922.

### Commissary closed

The Fort Huachuca Commissary will be closed on Jan. 2, 2001 in observance of New Years holiday.

### Soccer players needed

The Sierra Vista Women’s Soccer Team is looking for players to participate in the Tucson Women’s League spring season. The season runs from January to April with games played in both Sierra Vista and Tucson on Sundays. No experience is necessary.

A registration night will be held 7 p.m., Jan. 2, 2001 at Vinny’s New York Pizza on Fry Boulevard. Please bring a copy of your drivers license, two passport size photos for team ID card and \$35 for registration fees. Additional monies will be needed for team uniform and local field reservations.

For information, call Christie Rosenwirth at 459-3896, e-mail [rosenwirth@hotmail.com](mailto:rosenwirth@hotmail.com) or click on [www.geocities.com/sv\\_sweepers](http://www.geocities.com/sv_sweepers).

### New Commissary hours

The Fort Huachuca Commissary will be open according to the following schedule, starting Jan. 9, 2001:

Monday	Closed
Tuesday	8 a.m.-6 p.m.
Wednesday	8 a.m.-6 p.m.
Thursday	10 a.m.-7 p.m.
Friday	10 a.m.-7 p.m.
Saturday	9 a.m.-6 p.m.
Sunday	11 a.m.-6 p.m.

The new hours were chosen by the DeCA customers who participated in a recent customer survey conducted at the store.

### Amateur radio classes

As a community service, the Cochise Amateur Radio Association will provide training to interested persons to pass the amateur radio examination for a Technician (no code) license.

Classes will begin Jan. 9, 2001 and will be conducted 7-9 p.m. each Tuesday and Thursday at 2756 Moson Road, Sierra Vista. The final class will be Feb. 15, 2001. The Federal Communications Commission examination for all classes of amateur radio licenses will be given on Feb. 20, 2001.

There will be no charge for the class, however, students will be expected to purchase Gordon West’s “Technician Class” book (Element 2). Students must be 12 years old or older. For information or to register, call Stan at 458-1805 or e-mail [cmstanley@juno.com](mailto:cmstanley@juno.com).

### ‘After holiday’ blood drive

ISEC is having an ‘after holiday’ blood drive 7:30 a.m.-3:30 p.m., Jan. 12. Blood supplies are dangerously low.

Although Jan. 12 is a training holiday, you can show your support by finding approximately 45 minutes to give the gift of life. The blood drive will be held at Building 53301 (the second two-story brown brick building across the street from Greely Hall).

All donors will have a chance at win-

See Updates, Page 6

# Pets of the Week



**Bear is a medium-sized young male keeshound cross. He is very friendly and looks just like a stuffed animal. The adoption fee is \$40 and includes neutering, vaccines, microchipping and a heartworm test.**

**These and several other dogs and cats are available at the Fort Huachuca Veterinary Treatment Facility from 7:30 a.m. to 4 p.m., Monday through Friday. For information, call 533-2767.**



**Ming is a young adult male lynx-point Siamese mix. He has medium length hair and is very friendly. The adoption fee is \$40 and includes neutering, vaccines, microchipping and a leukemia test.**

Veterinary Facility photos

## Updates from Page 5

ning door prizes. Also, anyone donating will be receiving a little gift in appreciation for their gift.

To schedule an appointment, call Katharina Criscuolo at 538-3120. Appointments are greatly appreciated, but walk-ins will not be turned away.

## Butterfly association meets

The Southeast Arizona Butterfly Association will meet at 7 p.m., Jan. 16 at Tucson Botanical Gardens, 2150 N. Alvernon Way, in the Porter Room. Guest speaker is Dr. Barbara Terkalian, Collections Manager, Invertebrate Zoology and Ichthyology, Arizona-Sonora Desert Museum will speak on “Butterflies, Bugs and Milkweed.”

For more information, contact Karen at (520) 320-7683 or [www.naba.org/chapters/nabasa/home.html](http://www.naba.org/chapters/nabasa/home.html).

## Combat Lifesaver Courses

Due to recent changes, all Combat Lifesaver Courses must be taught by medical personnel. To accommodate unit require-

ments, one course will be held each quarter by Raymond W. Bliss Army Health Center. Each course will have 20 slots.

Request for slots should be sent to Staff Sgt. Daniel Traver, METS Division, at 533-3727 or fax to 533-2704. Request should include soldiers standard name line and unit point of contact and be sent six weeks prior to start date.

Course dates available are Jan. 22-24, April 9-11 and Aug. 6-8, 2001. These courses are for new Combat Lifesavers. For recertifications, contact Traver to arrange for recertification course.

## CWFC hosts open house

The Civilian Welfare Funds Council will have an open house for Fort Huachuca civilians at Murr Community Center Jan. 30, 2001 from 11:30 a.m. to 1 p.m. Join us and get to know your representatives, provide feedback on our sponsored events, and sign up for ongoing events. To RSVP (appreciated but not required), call Suzanne Ollano-Mayer at 538-6165.

# Letter to the Editor

## Retiree suggests resurrecting former club system

### Dear Fort Huachuca Scout:

I am nonplussed when I depart Fort Huachuca and see the signs proudly proclaiming, “Last DUI...” I wonder how many of those arrests might have been prevented if the military services had not destroyed their club systems.

During my 26 years as an Army enlisted man and warrant officer, the clubs were always an important part of my (and my family’s) social lives. There is no doubt the clubs also played a positive role in my career development through the opportunity to interact informally with subordinate, peer and senior soldiers.

During my career, my family and I regarded the posts to which I was assigned as our home, not just the place where I worked. The Army was not just a way to make a living; it was a way of life. What mischief has our military leadership done by eliminating that feeling in our present-day uniformed services?

Where the military posts were once places to live, work and play; the message now seems to be, “If you want to have fun, go somewhere else.”

The elimination of the club systems is singular evidence of that philosophy, based primarily upon the prevailing attitude that alcohol is evil.

Nowadays, our soldiers are not considered mature enough to drink on their own posts until they are 21 years old, and for the most part, do not have their own clubs in which to socialize. I question this concept of maturity when I think of all the soldiers younger than 21 who died in combat during my two wars

(Korea and Vietnam).

You can bet that these soldiers, the young and not-so-young, as well as enlisted and officers, are still drinking alcohol. The difference is that they are doing it off-post.

And that brings me back to the point I wish to make — the message from our leadership should not be to go somewhere else to relax and socialize. Rather, our leaders should be getting out the message that your installation is not just a place to work; it is your home and represents a unique way of life for those privileged few engaged in the “profession of arms.”

Resurrect our club systems and make it more likely we will be able to take care of our own if they should become victims of their own excesses.

Don’t continue to force soldiers off-post for their fun and socializing, which will include in many cases the consumption of alcohol. And, stop boasting about your “Last DUI,” which quite possibly resulted from your sending troops the wrong message — that they must “go somewhere else to have fun.”

Sincerely,  
**Trammell E. Lindsey**  
**CW4, USA (Ret)**

### Dear Mr. Lindsey:

First, let me say that I agree with much of what you say in your letter. The 20 plus years I served as an enlisted soldier are filled with many fond memories of the “NCO Club.”

It was a place where many mission related problems were resolved; a place where a soldier could take his family on Saturday nights to watch a great floor show; and on Sunday afternoons for a good meal at a de-

cent price.

Like you say, the Army was a way of life for you, myself, and thousands of other career soldiers. And the club system played an important role in our lives.

Yes, I also remember many of my young friends who didn’t come home from Vietnam. Our Army of the 1960s and 1970s was indeed a grand old Army. And that, sir, is part of the problem today.

You and I can remember well “our Army,” as do the soldiers of the 1940s, 1950s and 1960s. However, each generation remembers a different Army. We’ve all heard someone say, “In my day, we did things differently.” Well, yes! Today’s Army does do things differently than the Army we grew up in.

Today’s Army is the Army of the 1990s and the 2000s. Today’s Army has evolved from what it was in our day, to the fighting force it is today. And believe me, there is no comparison, other than the basics of soldiering that is still the same today.

Until the mid 1970s, it was fashionable to attend “Happy Hour,” or “Sergeant’s Call,” or “Officer’s Call” at the fort’s club system. For more years than you and I can remember, the drinking of alcoholic beverages was encouraged. But, that is not the case today.

Today, overindulgence in the consumption of alcoholic beverages can be, and often is, a career ending activity. A few occasional drinks with friends after work is acceptable, but not the holding of prescribed drinking periods which were at times, “mandatory” to attend.

Today’s soldiers are professional soldiers in today’s Army, the same as you and I were

professional soldiers in our Army. Today’s Army must also adhere to the law of the land. In Arizona, the State law has set the legal age to consume alcoholic beverages at age 21.

That is why this policy was placed into effect here on Sept. 15. To bring Fort Huachuca into compliance with the State Laws, and on an equal footing as the other military bases (Air Force and Marines) in Arizona.

The policies governing the operation of all Morale, Welfare and Recreation facilities are not local; they are driven by regulations from the Department of the Army. Local MWR managers cannot change many of the things they are required to by these regulations.

For us to try and change a regulation or law affecting the military, we must send our recommendations through the chain of command to the source. In this case that is Washington D.C.

However, you, as a private citizen have another resource that is often very effective in these situations. You can write to your senator or congressman.

Your suggestion to resurrect our club systems and make it more like we used to know is appreciated. The club managers are constantly looking for ways to draw more soldiers and their family members into the clubs with different entertainment programs. And, if you can offer a good suggestion on other ways to accomplish this, your comments will be most welcomed.

Sincerely,  
**Stan Williamson,**  
**Command Information Chief**  
**SFC, USA (Ret.)**

# Fort's Special Reaction Team trains with BP

*By Staff Sgt. Michael P. King  
SRT NCOIC, 18th MP Det.*

Members of Fort Huachuca's Special Reaction Team recently participated in tryouts for an elite U.S. Border Patrol team.

Tucson Sector Border Patrol Special Response Team candidate tryouts were held in mid-November, with 23 candidates participating in the 10-day course.

The first event was the physical fitness test, consisting of seven pull-ups, 40 push-ups, 60 sit-ups in two minutes and a 1.5-mile run in under 11 minutes. Although this may sound easy the form in each area was strictly enforced.

After part one of the PT test the candidates had to reach Huachuca Peak in less than an hour.

The course was extremely physically and mentally challenging. The candidates are expected to perform with little more than two hours of sleep a day. Subject areas covered include operation and warning orders, knot tying, rappelling, close quarters battle, patrolling, serving warrants and riot control.

On any given day the candidates were up by 4 a.m. and their day didn't end until midnight. This did not include the "smoke" sessions in between.

The mission of the Tucson Sector SRT is to conduct emergency and/or special operations, in support of the policies and objectives of the Chief Patrol Agent, Deputy Chief Patrol Agent or Assistant Chief Patrol Agents of Tucson Sector.

The opportunity for the Fort Huachuca Special Reaction Team to cross train with the Border Patrol Special Response Team was one that benefited both organizations.

While the MPs were able to learn new techniques appropriate to their mission, they were also able to give some to the Border Patrol.

Fort Military Police also assisted in a smooth running course for the Border Patrol due to MP contacts



Courtesy photos

***A Border Patrol candidate is doing pull ups on an obstacle at the confidence course.***

on the installation.

Of the 23 original candidates, seven graduated. Upon graduation they become members of the Tucson Sector Border Patrol SRT. These men are the elite

of the U.S. Border Patrol.

Due to the nature of the Border Patrol SRT and the Fort Huachuca SRT; the names of the personnel on the teams are withheld.



***The candidates held many formations for the purpose of instilling discipline, gaining accountability and physical exercise.***



***The candidates are instructed on land navigation in the classroom.***



***The candidates are qualifying with their Beretta 96D pistols. All tables of the range are fired with the weapon being drawn from the holster.***

## Local thief learns 'crime doesn't pay' on Fort Huachuca

### ***DPS release***

On Nov. 28, an individual learned the true meaning of the old adage "crime doesn't pay."

After attempting to steal a few items from the Fort Huachuca Commissary, a local thief fled on foot trying to hide from the Fort Huachuca Military Police.

The thief ran into the housing area, perhaps to find refuge, and knocked on the door of a house on Stanley Street. A non-

commissioned officer answered the knock at his kitchen door and found an out-of-breath and frazzled guest.

The man asked the NCO for the use of his phone and a glass of water. The NCO, thinking the guest's vehicle broke down, went to get his visitor a glass of water.

After giving him his refreshment, the NCO asked why he needed a phone and was there anything he could do for the flustered individual. The man replied he was

being chased by the Military Police for stealing.

Unfortunately, this situation did not end in a favorable way...at least not for the thief. Unbeknownst to him, the house he had approached was the residence of Staff Sgt. Jimmy R. Roan, Fort Huachuca Military Police, who had gone home for lunch.

Roan very calmly walked to his bedroom and called the MP desk requesting MP patrols to respond to his quarters. The

thief cowered behind Roan's privacy wall.

Roan walked up to the thief and said "Sir, I am sorry this is not your lucky day. I am a staff sergeant in the Military Police Corps. I need you to put your hands on the wall and spread your feet apart."

Roan then apprehended the individual and turned him over to the responding patrols.

So if there is a lesson to be learned here, it is a simple one — crime doesn't pay.

# School News

## College offers class dispelling myths about Chiricahua Apache

**Cochise College release**

A class about the Chiricahua Apache, taught by acknowledged authority Henrietta Stockel, is part of the diverse course offerings at Cochise College this coming semester.

Registration for the spring term will be held Jan. 3-5, 2001 before classes begin Jan. 8.

“In the course, I try to dispel the myths that Hollywood created which swirl around the Chiricahua Apache,” said Stockel. “Rather than emphasize their

war-like skills, I try to bring them to life as human beings who felt they had a duty to protect their homeland from encroachment.”

Stockel taught at the University of New Mexico before retiring in 1997 to Cochise County. She’s written eight books, six of them are about the Chiricahua.

“This is the first time a course on the Chiricahua has been offered by Cochise College,” said Stockel, “and it’s come about because of the support of college

president Karen Nicodemus.”

Now concluding her first semester of teaching the course, Stockel said she’s found students “often dumbstruck” by her course material.

“We do a 400-year survey, from 1600 to 2000, of the Chiricahua,” said Stockel. “Students get a whole different look than Hollywood’s emphasis on warfare.

“When people think of Cochise and Geronimo, they seldom think that along with great warfare skills these men also had families. They were fathers, hus-

bands, uncles.”

Stockel’s class is on the Sierra Vista campus, along with four other anthropology offerings: Origin of Man, Exploring Anthropology, Introduction to Physical Anthropology and Prehistory of the Southwest.

“Southeastern Arizona has been a crossroads of cultures for 10,000 years,” said Chris Dietz, an anthropology instructor. “Learn more about this fabulous area while fulfilling college requirements, or just for your own sake.”

## Scholarships available through Mensa essay contest

**Mensa release**

The Mensa Education and Research Foundation is accepting applications for its annual scholarship contest. Scholarship winners will receive awards of \$200 to \$1,000, based on an essay of 550 words or less describing their academic or career goals.

Eligibility requirements for a general MERF scholarship are U.S. citizenship or legal residence, and enrollment at any level (undergraduate, graduate, doctorate, etc.) at an accredited U.S. institution of post-secondary education for fall 2001.

General MERF scholarships are awarded with no restrictions regarding age, gender, academic grade point average, or financial need.



Applications may be requested by sending a self-addressed, stamped envelope to Lori Frye, P.O. Box 1447, Sierra Vista, AZ 85636 and must be postmarked by Dec. 31, 2000. Essays and completed applications must be postmarked by Jan. 31, 2001.

The Mensa Education and Research Foundation is a philanthropic, non-profit tax-exempt organization funded by gifts from members of American Mensa Ltd. and other donors.

The foundation works to identify and foster human intelligence for the benefit of humanity and to encourage research into the nature, characteristics, and uses of intelligence.

For more information on the scholarships, contact Frye at the address above or e-mail [lafrye@alltel.net](mailto:lafrye@alltel.net)

## ‘Check out’ a best seller

**Library release**

The Fort Huachuca Library has the following *New York Times* best sellers available:

**Fiction**

*The Bear and the Dragon*  
*Drowning Ruth*  
*The Rescue*  
*Shopgirl*  
*The Carousel*

**Nonfiction**

*Nothing Like It in the World*  
*Tuesdays with Morrie*  
*The O’Reilly Factor*  
*It’s Not About the Bike*  
*Flags of Our Fathers*

# Nominate your ‘real heroes’ for Red Cross recognition

**American Red Cross release**

TUCSON, Ariz. — There are many heroes in Southern Arizona and the American Red Cross needs help identifying them.

Twelve individuals will be honored by the Red Cross and several local corporations during the second annual Real Heroes Breakfast.

The Red Cross is preparing to honor Southern Arizona’s heroes in the cat-

egories: Fire, Law Enforcement, Medical, 911 dispatch, Adult Good Samaritan, Youth Good Samaritan, Military, Animal Rescue, Educator, Industrial Safety, Workplace Safety and Wilderness Rescue.

Nominations can be made by calling the Red Cross at (800) 341-6943 or stopping by the Chapter office at 4601 E. Broadway.

Nominations will be accepted

through Feb. 15, 2001. The “Real Heroes” of Southern Arizona will be honored May 17, 2001 during the “Real Heroes Breakfast,” where each hero will be presented with an award as their story is told.

The concept of the Real Heroes project grew out of a desire to develop an event closely related to the mission of the American Red Cross — teaching people to save lives.

The Red Cross provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies.

University Medical Center will serve as the title sponsor for the Real Heroes Breakfast. Other sponsors include the Arizona Daily Star, Wells Fargo, Bank One, Carondelet, AT&T Wireless, Honeywell and several other community businesses and organizations.

## Holiday from Page 2

First and foremost is, don’t drink and drive. Use the designated driver plan. Get plenty of rest before driving and take rest breaks periodically. Don’t use illegal drugs. And, if you are going hunting during your holiday leave, practice all the rules of gun safety.

This holiday season will be a joyous one for the Thomas family, and I hope that yours will be as well. Our home is decorated for occasion, our tree is set and covered with lights, and on the chimney with care hangs our stockings...

In 11 days we will welcome in the New Year and officially usher in the 21st Century. Enjoy this once in a lifetime event, the beginning of a new millen-

nium.

During this holiday period I would also ask that you remember our fellow comrades in arms who are not able to come home from their places of duty, whether stateside or overseas.

It is because of these young warriors and sentinels of peace, and those who stood the lonely vigil before them, that we can enjoy this festive holiday.

Finally, we will all return to our normal routines on Jan. 3, 2001.

Whatever your traditions are for the holiday season, Verdun and I wish you all a happy holiday, and look forward to your safe return to Fort Huachuca.

Happy Holidays.

## 309th MI from Page 2

whelming.

— For the staff: my thanks to you for the tremendously hard task you all have taking care of over 1200 soldiers and civilians in such a high OPTEMPO environment. Your “never say die” attitude is awesome.

— For the leaders: A job well done. You set the example and the standards.

— For the families: I cannot thank each of you enough for your tremendous patience, understanding, and support you provide to your spouses. Your behind the scenes influence is not overlooked or taken

for granted.

For all those contributing to making the 309th holiday party such a success - bravo! It was such a great turn out. The food was delicious and plentiful; the atmosphere was one of warmth and sharing; and the appearance of Santa Claus was a fabulous hit with the children.

I salute you for a job well done. My prayers are with you all throughout this holiday season. Please be safe and enjoy the time you have with families and loved ones.

# Happy Holidays from The Scout



# Medical Activity Command

## Holiday season may increase risk of food illnesses

By 2nd Lt. Tuesday Blome  
ESO

’Tis the season to be watchful. With the holiday season approaching we tend to over pack our refrigerators and prepare many dishes. Here are some pointers to keep you and yours healthy this holiday season.

1. Wash your hands often while preparing food and always wash your hands before eating.
2. Wash utensils, surfaces and cutting boards with hot soapy water before preparing other food items.
3. Never defrost food on a counter or over other foods in the refrigerator.
4. Store raw meat and poultry on the bottom shelf in

the refrigerator to prevent cross contamination.

5. Make sure you use a thermometer while preparing meats. Follow these guidelines for temperatures before serving:

- 145 degrees F for beef, lamb, veal steaks and roasts for medium rare, 160 degrees F for medium
  - 160 degreesF for ground beef, egg dishes, pork and pork chops
  - 165 degrees F for ground turkey and leftovers
  - 170 degrees F for chicken breasts
  - 180 degrees F for whole birds, legs, thighs and wings
6. Don’t over pack your refrigerator to ensure foods

are being stored at a safe temperature (38-41 degrees F).

7. When in doubt, throw it out. If you are not sure if a food item has been stored or kept in a safe environment throw it away.

8. Wash dishes, pots and pans in hot soapy water.

For more information, contact the United States Department of Agriculture Meat and Poultry hotline at 1-800-535-4555 or log on to [www.fsis.usda.gov](http://www.fsis.usda.gov). You may also check us out online by logging on to <http://rwbach.huachuca.amedd.army.mil/default1.htm>, click on to Preventive Medicine and then scroll down to Environmental Health and click on the USDA link.

## Stretch your beef dollars at Fort Huachuca Commissary

By Bonnie Tandy Leblang  
DeCA

You can bet a bonanza for your beef dollar — if you shop and cook smart. Here are tips on the inexpensive cuts to buy and ways to coax the most flavor, tenderness and value out of them

**Know what you’re buying.** The least-expensive cuts generally come from the shoulder (chuck) and the back end (the round); they’re the most-used muscles.

Chuck cuts have great flavor and texture and are perfect for pot roasts and stews. Round cuts, such as bottom round

and eye round, are useful lean cuts but can be tricky to prepare. Try braising (cooking in liquid), but don’t overcook.

For more help, look for the National Cattlemen’s Beef Association’s new “Beef Made Easy” program at your supermarket. It color-codes beef by cooking method.

**Buy seasonally.** To save money, but steaks in winter (when fewer people barbecue) and roasts in summer (when indoor cooking declines).

Cover in freezer wrap, then a freezer bag, to keep beef for up to six months.

**Choose “undiscovered” cuts.** Look

for relatively inexpensive cuts-such as the top blade steak and tri-tip-that other folks don’t yet know who to cook.

Top blade steak makes an amazing pot roast, or you can grill it or slice it for stir-fries.

The tri-tip stars as part of a traditional California barbecue, along with fresh salsa and pinto beans. Grill or roast this triangular-shaped meat, then slice it across its distinctive grain.

**Use a secret weapon.** Marinades are great secret weapons that can tenderize or add flavor to cheaper cuts. A tenderizing marinade includes an acid (such as

lemon juice, yogurt or vinegar).

Don’t marinate more than 24 hours, or the meat can get mushy. Great quick marinades include bottled salad dressings and salsas.

**Light it up.** Barbecuing is a perfect way to take advantage of less-expensive meats. Cook long and slowly-not over direct heat-to make beef tender.

For indirect cooking with a charcoal grill, rake the coals to the sides, putting a foil pan in the center to catch drippings.

On a gas grill, turn off one or more the inside burners. Place beef on the unlit part of the grill.

## Research changes conclusions on Gulf War exposures

By Staff Sgt. Kathleen T. Rhem  
American Forces Press Service

WASHINGTON — Researchers said Dec. 5 they have changed their minds about who might and might not have been exposed to nerve agents after the destruction of a weapons storage facility in Khamisiyah, Iraq, at the end of the Gulf War.

Roughly 100,000 veterans of the 1990-91 Persian Gulf War will receive letters in coming days notifying them they either were or were not in what is now believed to be the affected areas.

DoD also notified veterans of their possible exposure after it released a 1997 report. Since then, more extensive research and better computerized atmospheric and mathematical modeling technology have redrawn the map of potentially affected areas.

The department now believes 32,000 troops notified after the 1997 report were never in a potential hazard area. However,

about 34,000 troops not included in the original notification were in areas of concern drawn by the new study.

The report refers to events at Khamisiyah on March 4 and 10, 1991, when U.S. Army engineers demolished a sprawling Iraqi ammunition supply point. Investigators later learned some of the bunkers contained munitions with the chemical nerve agents sarin and cyclosarin.

Bernard Rostker, the special assistant and also undersecretary of defense for personnel and readiness, said the 1997 report was completed quickly. Researchers knew at the time that their work would have to be revised as more information became available, he said.

Rostker said new information in three main areas prompted the new models.

— The CIA provided more complete information on the volume of chemical munitions present at Khamisiyah.

— DoD undertook an extensive study to

determine more closely where U.S. troops were at the time of the demolition. The 2000 report pinpointed units down to company level while the 1997 report only went to battalion level.

— More research was done into the toxicity of the nerve agents destroyed and how they break down in the atmosphere.

Rostker stressed the new and old information is based on supposition and there’s no way to know for sure exactly what happened at the time.

“No one had sensors on the battlefield,” he said in an American Forces Press Service interview. “They’re the best predictions we can make, but I can’t tell you with any certainty that these are the actual readings. They’re simply simulations.”

It’s imperative to keep studying incidents from the Gulf War to ensure the health of veterans, Rostker said. “We have an obligation to provide our veterans with the best in-

formation we can about what happened in the Gulf so that they can make informed decisions about their health.”

Rostker said active duty members with health concerns related to Persian Gulf service should enroll in the Comprehensive Clinical Evaluation Program at their nearest military medical facility or by calling 1-800-796-9699. The program was designed to study and treat veterans suffering from Gulf War-related illnesses.

Veterans no longer affiliated with the military can receive information about a similar Department of Veterans Affairs program by calling 1-800-749-8387.

Individuals can call the special assistant’s hot line at 1-800-497-6261 if they think they were in the possible hazard area around the time of the Khamisiyah demolitions or would like to provide more information.

To learn mores, visit DoD’s Gulflink Web site at: [www.gulflink.osd.mil](http://www.gulflink.osd.mil).

Training from Page 4

Based on this meeting and the wealth of information the ADL had to offer, the Equal Opportunity Advisors at Fort Huachuca decided that not only was it a good idea for the ADL to provide professional development training to EO personnel on post, but it was a great opportunity to provide the same information to the post’s senior leaders. Stengel and Casuto provided specific information on anti-government extremism such as the Patriot Movement and Right Wing Hate Groups such as Christian Identity, Aryan Nations, the World Church of the Creator, National Alliance and more.

The training also covered issues such as why military managers need such training, the fact that military personnel may be victims of such groups or serve as objects of recruitment. In addition, the teaching team dealt with recruitment techniques to include the new and powerful role that both white power music and the Internet play in the recruiting tactics of these groups and the profile of likely targets of recruitment. The best part is that the learning doesn’t stop with these sessions. As part of the training, ADL provided all training materials, including the lesson plan and slides

on CD-Rom, to the installation EO office. This information will be used in equal opportunity representative training as well as unit training. In addition, ADL will provide semi-annual updates to the information for the next two years - an invaluable service in a field that is constantly changing. Perhaps best of all is the relationship that has been forged between the equal opportunity advisors and the ADL. If the EO Office sees indications of extremist group activity or needs information about a specific group, help from a subject matter expert is just a phone call away.

Extreme from Page 4

tions or rallies that support extremist causes. They may not attend extremist meetings while on duty, in uniform, while in a foreign country, when it is a breach of law and order, or when it is likely to result in violence, or violates an off-limits order. Soldiers may not raise funds for extremist organizations. They may not recruit or train members, or encourage other soldiers to join extremist organizations. They may not create, organize, or lead extremist organizations. Soldiers may not distribute extremist literature. Additionally, under Army Regulation 670-1, “Wear and Appearance of Army Uniforms and Insignia,” soldiers may not possess tattoos or brands that show an alliance with extremist organizations. Soldiers who violate these prohibitions are subject to both administrative action and discipline under the UCMJ. A soldier actively participating in an extremist organization or activity could lose his or her security clearance. The commander could also bar the soldier from reenlistment or administratively separate the soldier from the Army. Soldiers violating these prohibitions could receive non-judicial punishment under Article 15 of the UCMJ,

or, for serious violations, face courts-martial. Charges may include violation of a lawful order or regulation, riot or breach of the peace, provoking speech or gestures, conduct prejudicial to good order and discipline or is service discrediting. Each one of these charges could include significant time in prison. The bottom line is clear, the Army will not tolerate active participation in extremist organizations or activities. Extremist organizations and activities are inconsistent with the Army’s policy, “to provide equal opportunity and treatment for all soldiers without regard to race, color, religion, gender or national origin.” This equal opportunity policy is essential to unit cohesion, good order and discipline, and the Army’s ability to accomplish its mission. Every commander has inherent authority to take appropriate action to maintain good order and discipline. Consequently, if a commander discovers if a soldier is actively participating in an extremist organization or activity, the commander must take appropriate disciplinary action. Additionally, if the commander discovers that a soldier is flirting with extremist ideas by reading extrem-

ist literature or attending extremist meetings, the commander should take appropriate measures to educate the soldier about the Army’s equal opportunity policy. The commander should also advise the soldier that behavior inconsistent with that policy may affect the soldier’s evaluations, security clearance, and will influence whether the soldier is selected for leadership positions or positions with greater responsibilities. Commanders seeking more guidance on dealing with soldiers involved with extremist organizations should contact their trial counsels at 533-9587 or 533-0570. Every soldier keeps in his or her wallet an Army Values card. The card reminds them of the seven fundamental values that provide every U.S. soldier with a moral compass: Loyalty, Duty, Respect, Selfless-SERVICE, Honor, Integrity and Personal Courage. On the flip-side of the card is the Soldier’s Code. After you finish reading this article, please read both sides of your Army Values card. If you are not a soldier, ask a friend who is a soldier if you could see their card. Your friend will proudly show it to you. You will immediately realize that adherence to extremist ideals and participation in extremist activities conflict with Army Values and the Soldier’s Code.